Pia Bouman School for Ballet and Creative Movement

PIA BOUMAN SCHOOL CLASS UNIFORMS

Young Children's Program

For toddlers and children age 9 months to 4.5

Dance with me! & Music and Movement 1-2

ALL: No specific class uniforms. Form fitting clothing for freedom of movement recommended. Students will dance in bare feet so no shoes required.

For children ages 4 - 6

Early Dance 1 & 2, Primary Ballet

GIRLS: Lilac, short "cuff sleeve" leotard

- Pink tights or white socks
- Pink leather, *full-sole* ballet slippers with pink elastic. Slippers should fit snugly around the foot.



BOYS: Fitted white T-shirt or white cap-sleeved leotard

- Black or navy-blue fitted shorts
- Well fitting, white leather, full-sole ballet slippers with white elastics

Young Dancers - Program A

For students age 7-9

ALL Ballet classes

GIRLS: Cotton blend Lilac, Sleeveless "tank-top" leotard

- well fitted Pink leather, full-sole ballet slippers
- pink tights or white socks • Character:
 - Shoes: Black, Canvas, 1 1/2cm heel height
 - Character skirt

BOYS: Fitted white t-shirt or white cap-sleeved leotard or short sleeved well-fitting t-shirt

- Black or navy-blue fitted shorts or black or navy leggings
- Well fitting, white leather, full-sole ballet slippers with white elastics Character:
 - Shoes: Black leather, Oxford or jazz shoes
 - 1 ½ cm heel height









Young Dancers - Program B

For students age 9-13

ALL Ballet classes

GIRLS: Black or forest green sleeveless "tank-top" leotard

- Pink tights
- Pink leather (preferred) or canvas, *full-sole* ballet slippers with pink elastic. Slippers should fit snugly around the foot.

Character:

- Shoes: Black, Canvas, 3 1/2cm heal height
- Character skirt
- BOYS: Fitted T-shirt or white cap-sleeved leotard
 - Color: White
 - Black or navy-blue fitted shorts
 - White or black leather, *full-sole* ballet slippers with white elastics. Slippers should fit snugly around the foot.

Character:

• Shoes: Black leather, Oxford, 1 ½ cm heal height

Creative Movement 1-4, Hip Hop 1-4

BOYS & GIRLS: Uniforms - same as above, "Reversible Tights" for girls recommended or anything that the dancer feels comfortable wearing for easy movement (tights, t-shirts etc.).

National Dance ISTD

GIRLS: Uniform same as for Ballet classes, Character skirt and shoes BOYS: Uniform same as for Ballet classes, Character shoes

Pre-Professional Program A

For students age 11-15+

"Senior Grades" - RAD Grade 6 Ballet, RAD Grade 7 Ballet, Vocational, Ballet Technique 1-3

GIRLS: Plain, black "spaghetti strap" leotard. No elaborate strap designs.

- Pink tights
- Pink leather or canvas, *full-sole* or *split-sole* ballet slippers with pink elastic. Slippers should fit snugly around the foot.

Character:

- Shoes: Black, canvas, 3 1/2cm heal height
- Character skirt

BOYS: Fitted white t-shirt or white cap-sleeved leotard

- Black or navy-blue leggings, white socks
- White or black leather, *full-sole* or *split-sole* ballet slippers with white elastics. Slippers should fit snugly around the foot.

Character:

• Shoes: Black leather, Oxford or black jazz shoes 1 ½ cm heel height





Pre-Professional Program B

For students age 14 & up

RAD Advanced Levels, Ballet Technique 4-5, Classical Variations, Partnering Classes

GIRLS: Plain back "spaghetti strap" leotard. No elaborate strap designs.

- Pink tights
- Pink leather or canvas, *full-sole* or *split-sole* ballet slippers with pink elastic. Slippers should fit snugly around the foot.
- Pointe shoes specific to dancer

Character:

- Shoes: Black, canvas, 3 1/2cm heal height
- Character skirt
- BOYS: Fitted T-shirt or white cap-sleeved leotard
 - Color: White
 - Black or navy-blue fitted shorts
 - White or black leather, *full-sole* or *split-sole* ballet slippers with white elastics. Slippers should fit snugly around the foot.

Character:

• Shoes: Black leather, Oxford or black jazz shoes 1 ½ cm heel height

Core Strength & Flexibility, Contemporary Dance

BOYS & GIRLS: Uniforms - same as above, "Reversible Tights" for girls recommended or anything that the dancer feels comfortable wearing for easy movement (tights, t-shirts etc.).

National Dance ISTD

GIRLS: Uniform same as for Ballet classes, Character skirt and shoes BOYS: Uniform same as for Ballet classes, Character shoes



Adult Ballet

For dancers age 18 & up

Level 1-4: Beginner, Intermediate, Advanced, Technique 3-4

Anything that the student feels comfortable wearing tights, leotard, t-shirts and ballet slippers.

Core Strength & Flexibility, Barre Fitness, Mindfulness & Conditioning, Contemporary

Anything that the student feels comfortable wearing tights, t-shirts etc. No ballet slipper necessary.

National Dance ISTD

Uniform same as for Ballet classes, Character shoes. Character skirts can be borrowed from the School.

If you have any questions or concerns call the school at (416)-533-3706, or email info@piaboumanschool.org.